

CellCore Biosciences products were founded on the ingredient *Mimosa pudica* seed and their flagship product (Para 1) with an emphasis on parasite cleansing. Their range has grown to encompass an all-inclusive approach to detoxification based on easy to follow protocols.

What is the Foundational Protocol?



Recommended for low levels of chronic illness, infection, or symptoms that come and go. This four-month, four-step approach was created to help you touch on the main aspects of health restoration. Each step takes one month to complete.

Foundational Protocol Outline

A four-step, four-month process. Use in the recommended sequence to help get to the root cause of symptoms and optimise your health.

STEP 1: ENERGY & DRAINAGE

Step 1 (month one) begins with one bottle each of Advanced TUDCA*, BioToxin Binder, and CT-Minerals as you begin focusing on energy and drainage. Your Practitioner may also give you something to support regular bowel motions to support this process.

STEP 2: GUT & IMMUNE SUPPORT

Step 2 (month two) changes over to one bottle each of KL Support, Para 1, Para 2, ViRadChem Binder and MitoATP[‡] as you dial in on gut health and immune support.

STEP 3: WHOLE BODY IMMUNE SUPPORT

Step 3 (month three) maintains Para 1 and ViRadChem Binder while adding one bottle each of LymphActiv, Hydroxygen, and Para 3. This helps build momentum for deeper detox.

STEP 4: SYSTEMIC DETOX

Step 4 (month four) finishes off by adding in one bottle each of CT-Iodine*, HM-ET Binder, Inflammation Control, and CT-Minerals to address lingering everyday toxins.

* Product not available in New Zealand/Australia, your practitioner will suggest an alternative.

‡ Product temporarily unavailable, refer to your practitioner for alternatives.

Month
1

STEP 1: ENERGY & DRAINAGE

Start laying the foundation for true detox.

PROMOTE HEALTHY DIGESTION

True detox starts with open drainage pathways. Promote healthy digestion to properly drain and remove unwanted substances.

BUILD UPON ENERGY LEVELS

Harness the power of Carbon Technology to deliver essential minerals and lay a better foundation for cellular energy production. Energy is required for good drainage.

SUPPORT YOUR DETOX SYSTEM

Give the body's natural filtration systems a helping hand. Support your detox organs, including your kidneys and liver, and begin to ease their toxic burden.

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
*Advanced TUDCA		1☞		1☞	
*Bowel Mover		1☞		2☞	
BioToxin Binder		2☞		2☞	
CT-Minerals		10☞		10☞	

* Product not available in New Zealand/Australia, your practitioner will suggest an alternative.

Practitioner Notes for Step 1:

- Follow the instructions above or
- Adjust the protocol as follows:

Month
2

STEP 2: GUT & IMMUNE SUPPORT

Scrub the gut and support immune function.

CLEAN YOUR INSIDES

Some pathogens can impair your digestion and immune function. Use plant-based ingredients to help “scrub out” these unwanted critters and common intestinal buildup.

SUPPORT YOUR MITOCHONDRIA

Promote healthy energy levels by supporting your mitochondria—your body's cellular energy powerhouses.

BALANCE YOUR GUT BACTERIA

Your gut plays a big role in overall wellness. Gently nurture the gut's natural, healthy balance of bacteria and other microbes.

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
KL Support		2☞		2☞	
ViRadChem Binder		2☞		2☞	
Para 1	2☞				2☞
Para 2	2☞				2☞
‡ MitoATP		10☞		10☞	

‡ Product temporarily unavailable, refer to your practitioner for alternatives.

Practitioner Notes for Step 2:

- Follow the instructions above or
- Adjust the protocol as follows:

Month
3

STEP 3: WHOLE BODY IMMUNE SUPPORT

Dive deeper into detox.

SUPPORT FOR VIRUSES, CHEMICALS, AND RADIATION

Support your body's natural ability to address occasional, mild immune system challenges and common environmental contaminants.

DETOX BEYOND THE GUT

Support systemic detox with Carbon Technology. Move past the gut to pull and remove toxins throughout the body.

DEEPER PARASITE CLEANSING

Get ready to dive deeper into detox. Nurture the body's natural detoxification of mild environmental exposures and other unwanted elements.

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
LymphActiv		1👁️		1👁️	
ViRadChem Binder		2👁️		2👁️	
Para 1	2👁️				2👁️
Para 3		10👁️		10👁️	
HydrOxygen		10👁️		10👁️	

Practitioner Notes for Step 3:

- Follow the instructions above or
- Adjust the protocol as follows:

Month
4

STEP 4: SYSTEMIC DETOX

Tackle leftover, lingering toxins.

BIND UNWANTED ELEMENTS

With Carbon Technology, bind and remove unwanted elements, including elemental toxins, man-made contaminants, and mild environmental exposures.

TARGET LINGERING TOXINS

Some toxins like to hide deep within the body. Target these lingering toxins that have stood in the way of optimal health and vibrant living.

WELCOME TO THE REAL YOU

The body was made to work well. Move forward, free of toxins that once burdened your body, and embrace wellness.

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
HM-ET Binder		1👁️		1👁️	
CT-Minerals		20👁️		20👁️	
* CT-Iodine		1👁️	1👁️		
Inflamma Control		2👁️		2👁️	

* Product not available in New Zealand/Australia, your practitioner will suggest an alternative.

Practitioner Notes for Step 4:

- Follow the instructions above or
- Adjust the protocol as follows:

Additional Notes:

Your Practitioner: