

# CERTIFICATE

## OF COMPLETION

*Lynda Pompa Montes de Oca*

*Progesterone: The "Goldilocks Hormone" for Perimenopausal  
and Menopausal Women*

*This 50-minute webinar discusses progesterone.*

*has completed the following course on 22nd January 2025*

AWARDED BY



MICHELE WILTON

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