

# CERTIFICATE

## OF COMPLETION

*Lee-Ana Lowe*

*Spoonful of Sugar: The Impact of Blood Sugar Imbalance on  
Adrenal and Hormone Health*

In this 50 minute webinar Krista Anderson-Ross, ND discusses the impact of blood sugar balance on adrenal and hormonal health.

*has completed the following course on 22nd October 2024*

AWARDED BY



MICHELE WILTON

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