

# CERTIFICATE

## OF COMPLETION

*Melissa Maguire*

*Ayurvedic Perspectives on Women's Health*

*In this 50-minute webinar Dr Anju Sodhi will discuss; healthy menstruation, the Vata, Pitta & Kapha cycles, steroidogenic pathways, peri-menopause and menopause, general cycle regulation and case studies.*

*has completed the following course on 11th June 2019*

AWARDED BY



MICHELE WILTON

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