

# CERTIFICATE

## OF COMPLETION

*Jeannie Blakemore Blakemore*

*Beyond Adrenal Fatigue: Reframing our Understanding of Stress  
and the HPA Axis*

*In this 50 minute webinar, Dr Tom Guilliams examines stress in a way that focuses on the brain (rather than the adrenal gland), and shows that the stress response is not as linear as it is often perceived.*

*has completed the following course on 26th November 2024*

AWARDED BY



MICHELE WILTON

**fx**  
**MED**

WWW.FXMED.CO.NZ